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Issue No. 123

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SEPTEMBER 4, 2013

# Renfrew County ERC Was Lead Office

## Business help organization celebrates 25 years

**By: Jennifer Layman**  
**Jenn@ovbusiness.com**

For the past nine years, Enterprise Renfrew County (ERC) has hosted one of the largest and most successful annual small business conferences in the County of Renfrew: Bridges to Better Business. This year, the event will also celebrate ERC's 25 years serving the region.

ERC was previously known as the Renfrew County Business Self-Help Office. The Ministry of Industry, Trade and Technology piloted the first Business Self-Help Offices in Ottawa and Kitchener in early 1986. Based on their success, the Eastern Ontario Small Business Network was developed in 1988, which included the Renfrew County office.

The Eastern Ontario Network then served as a model to develop similar

networks in South Western Ontario and Northern Ontario. By the beginning of 1993 the Ministry (now known as the Ministry of Economic Development & Trade) had partnership agreements with and Business Self-Help Offices in 33 municipalities across Ontario.

In 1987, discussions occurred in the Town of Renfrew to open a second Business Self-Help Office in Renfrew County. The office opened a year later.

Locations changed a throughout the next 10 years but the services continued to be offered throughout Renfrew County.

In 2001, negotiations between the Town of Renfrew and the County of Renfrew resulted in the Self-Help Office becoming an Enterprise Centre, with headquarters in Renfrew and a satellite office in Pembroke at the County of

Renfrew administration building. In 2002, the Renfrew County Self-Help Office officially became an Enterprise Renfrew County.

If you have not had the opportunity to be part of ERC or use the services they provide, their mandate is to encourage and contribute to the enterprising spirit and economic development of the county by assisting entrepreneurs with the development of new or existing companies. They are a non-profit program funded by the Government of Ontario through the Ministry of Economic Development, Trade and Employment, in partnership with the County of Renfrew, the Town of Renfrew, City of Pembroke, and various public and private sponsors.

ERC provides such services as: guidance on licenses, permits, and registration,

consultations on business-related questions, assistance with business plan research, and more. In addition to start-up services, ERC also works with businesses that are already established to help them grow and stabilize. ERC is responsible for hosting various events and networking opportunities throughout the year for youth and small business owners as well as workshops and seminars of general interest to small business owners, and individuals thinking of starting a business.

This year, a special Bridges to Better Business is being held in Renfrew with guest speakers who have appeared on the Dragon's Den.

More information on the event is available in Ottawa Valley Business in upcoming issues, or on their website at: [www.enterpriserenfrewcounty.com](http://www.enterpriserenfrewcounty.com)



# 101 Things *Fall Edition* To Do in the Valley

Our annual Fall edition of this popular list will publish on Thursday, September 12. Perfect for Fall events, sales, Thanksgiving and Hallowe'en. Also a great idea for Fall kids and adult programs that take place when school is back.

\$25 per listing | Phone: 613-732-7774 | [admin@ovbusiness.com](mailto:admin@ovbusiness.com)

## Ottawa Valley BUSINESS

Ottawa Valley Business (OVB) is a monthly publication covering business news and events throughout Renfrew, Lanark and Pontiac counties, as well as within the surrounding areas. OVB is published by Ottawa Valley Business Group.

### WHO READS US:

OVB is delivered twice a month via email to more than 3,400 businesses, government agencies and organizations.

### HOW TO SUBSCRIBE:

To receive OVB by email free each month, contact us at: [admin@ovbusiness.com](mailto:admin@ovbusiness.com).

### ADVERTISING

Various advertising options are available in OVB. If you're looking to reach the business community and the people who work for business, OVB provides a direct opportunity for that reach.

### CONTENT & SUBMISSIONS:

News, article suggestions, personnel hires, business event listings, tenders and letters to the editor are welcomed and encouraged. Content will be edited to fit the space available. We welcome press releases and news from our local business community to be published free of charge.

### CONTACT US:

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### Mailing Address:

Forward Thinking  
2113 Petawawa Boulevard,  
Pembroke, Ontario K8A 7G8

### SOCIAL MEDIA



**September 4, 2013**  
Hearing Aid Fall Tune Up.  
10am to 3pm. Heritage  
Hearing Care at 239 Pembroke  
Street West, Pembroke.  
Repair technician on site.  
Everyone is invited. For info,  
call 613-735-0776

**September 6-7, 2013**  
Pete's Sales & Service 2014  
Harley Davidson Open House.  
9:00am to 6:00pm on Friday  
and 9:00am to 3:00pm on  
Saturday. All new 2014 line up  
including all new Harley  
Davidson apparel, beverages,  
snack, giveaways and more.  
Please stop in for more details.  
[www.petessalesandservice.ca](http://www.petessalesandservice.ca)

**September 10, 2013**  
Governance for Non-Profits.  
Bancroft Seniors Club 580.  
10:00am to 2:30pm. Call 613-  
332-5564 or email  
[kevinmills@community-futures.ca](mailto:kevinmills@community-futures.ca) for details.

**September 10, 2013**  
Renfrew & Area Chamber of

Commerce Mayor's Breakfast.  
7:30am at Rocky Mountain  
House in Renfrew. \$15  
Chamber members and \$20  
guests. RSVP by September 5  
to 613-432-7015.

**September 11, 2013**  
TransCanada Energy East  
Pipeline Open House. Deep  
River Public Library. 55 Ridge  
Road. 4pm-8pm.

**September 12, 2013**  
TransCanada Energy East  
Pipeline Open House.  
Germania Club in Pembroke.  
15 Bennett Street. 4pm-8pm.

**September 12, 2013**  
Legal Responsibilities of  
Boards for Not-for-Profit  
Organizations. 9:30-11:30am.  
2 International Drive,  
Pembroke. Seating is limited.  
Register to Kelley at  
[klemenchick@bellnet.ca](mailto:klemenchick@bellnet.ca) or  
613-735-3951 ext.226

**September 13-15, 2013**  
Showcase in Petawawa.  
Crafters, palmistry, businesses,  
Ry-J's, Science North and  
more. Bring the kids Free  
admission. Petawawa Civic  
Centre. Friday Noon to 9pm,  
Saturday 10am-6pm and  
Sunday 10am to 5pm.

**September 14, 2013**  
Renfrew County Plowing  
Match. Hosts are Austin &

Velma Berry, Bob Briscoe and  
Karen Hoad. Off Highway 60  
at the Northcote Rink Road  
junction between Douglas and  
Renfrew. Food, businesses,  
crafts, displays, entertainment  
and more. \$7.50 for adults.  
[www.renfrewcountyplovmen.ca](http://www.renfrewcountyplovmen.ca)

**September 14, 2013**  
Mobile hazardous waste event  
at the municipal public works  
garage at 2271 Mineview  
Road in Cobden. For residents  
of Whitewater Region only.  
9am to 1pm.

**September 18, 2013**  
Introduction to Facebook.  
9:30-11:30am 2 International  
Drive, Pembroke. Seating is  
limited. Register to Kelley at  
[klemenchick@bellnet.ca](mailto:klemenchick@bellnet.ca) or  
613-735-3951 ext.226

**September 19, 2013**  
Board Policy Development for  
Not-for-Profit Organizations.  
9:30-11:30am. 2 International  
Drive, Pembroke. Seating is  
limited. Register to Kelley at  
[klemenchick@bellnet.ca](mailto:klemenchick@bellnet.ca) or  
613-735-3951 ext.226

**September 21, 2013**  
Benny Afelskie Memorial  
Golf Tournament. Proceeds to  
Barry's Bay Hospital. Held at  
Whitetail Golf Club. \$70 per  
player includes 18 holes, cart  
and dinner. RSVP to Kendra.  
[kendra.afelskie@gmail.com](mailto:kendra.afelskie@gmail.com)

**September 24, 2013**  
Renfrew County Agricultural  
advisory leadership committee  
annual meeting. Cobden  
Agricultural Hall. 7:30pm.

**September 24, 2013**  
Renfrew County Veterinary  
Services Committee Annual  
Meeting. 7:30pm. West Way  
Bar & Grill at Highway 17 in  
Cobden. For info, contact Ray  
Pender at 613-432-5521.

**October 2, 2013**  
Fundors Forum for Renfrew  
County. \$20 per person  
includes lunch. Must pre-  
register by September 18.  
Cash only. Call Anna Leahey  
at 613-735-3951 ext.225. For  
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# Business News Around The Valley

## Celebrating 25 Years

The Arnprior School of Dance celebrated 25 years in business at its annual year end recital May 2013. Their dancers finished off the season with winning performances at the Shine National Finals in Huntsville, Ontario in July. September 2013 will be the start of the 26th season of dance instruction for dancers toddler to adult in Arnprior and the area.

## Business Expanding

McPhail and Perkins Furniture in Renfrew is expanding their business to include a new warehouse. The business began in 1883.

## CNR Moves

CNR Small Engine Repair Sales and Service has moved. As of September 1, they are now located at 3270 River Road in Castleford. The phone number is: 613-433-5881 or 613-623-9446.

## Town Has New Slogan

The Town of Arnprior has a new look and a new slogan "where the rivers meet." Ottawa-based Cinnamon Toast created the new look for the municipality in soft blue, green and grey. The new logo maintains the clock tower, trees and water from the original logo. The logo will help lure a younger demographic to the

municipality.

## Arnprior Business Gets \$1 Million

The Ontario government is kicking in \$1 million to Pillar5Pharma to help bring 56 new jobs to the area for a new product line at the local pharmaceutical company. The Minister of Economic Development, Trade and Employment, Eric Hoskins, was on hand for the announcement.

## Anniversary Project

As a special project for its 100th anniversary, the Renfrew South District Women's Institute chose to purchase a defibrillator to be donated to placed in the Renfrew Armouries.

## Outdoor Pool Possible

The Town of Renfrew has voted 5-1 to have RFPs for an outdoor pool, estimated to cost \$1.5 million. Jim Miller was the dissenting vote out of concern for the town's current financial commitments and a 14% increase in policing for 2014. The Town has invited certain companies to bid and hopes to have some responses to the RFP as early as September.

## Funding for GearHeads

GearHeads in Petawawa earned \$3,825.25 from the Eastern Ontario Development Program (EODP) to have a

business plan developed, and have a new vehicle wrap for their truck.

## Wardens Tourney Raises \$5,200

The annual County of Renfrew Warden's golf tournament was held August 23 at Calabogie Highlands. The event raised \$5,200 for the Renfrew Area Health Services Village. 73 players participated.

## Blaine Establishes Fund

The Ottawa Valley's Jason Blaine has established a fund through the Pembroke Petawawa District Community Foundation as a "give back" to his hometown region. Blaine held a fundraising golf event at the Pembroke Golf Club in August.

## Bonnechere Manor Goes Solar

Bonnechere Manor was successful through the Ontario Power Authority (OPA) Feed-in Tariff (FIT) Program, a government-sponsored renewable energy program intended to generate new sources of solar power. With only a few medium fit applications approved in Eastern Ontario, Bonnechere Manor moved forward with a 190 kW solar panel project on its rooftop. The initial cost of the solar panels is approximately \$1 million,

with revenue estimated to exceed \$2.3 million over the course of 20 years.

## Artist Travels to China

Local ceramic artist, Carol Grant, will be traveling to China for a four-week term thanks to being selected by the Ontario Arts Council as one of 21 artists to earn the trip. Grant will travel to Jungdezhen where the main industry is ceramics and will learn more about ceramic art with other artists.

## ESA Proves Costly Locally

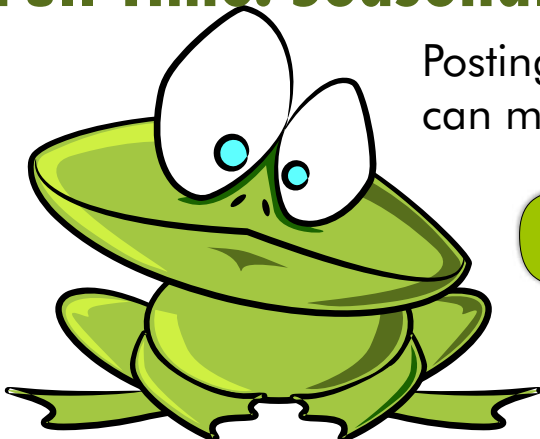
The County of Renfrew is concerned that the new Endangered Species Act legislation is not acceptable for the local region. New species with habitat exclusion areas are prominent throughout Renfrew County, and forester Jeff Muzzi says there won't be many areas in the region that will remain unaffected by this new provincial decision.

## Tourney Raises \$7,500

The 17th annual golf tournament for Ottawa Valley Insurance has raised \$7,500 for the Children's Wish Foundation. The event was held at Calabogie Highlands and 120 individuals participated. The company has raised over \$80,000 in their time hosting this event.

*Continued on Page 4*

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## People On The Move

### Chico Traclet, Ben Mack and Noel Hoffman

The Town of Petawawa Fire Department has appointed Chico Traclet as the new Training Officer for the Town of Petawawa Fire Department with the rank designation of Assistant Deputy Chief Training. The Town also accepted the resignations of firefighters Ben Mack and Noel Hoffman.

### Jim Slavin

Jim Slavin of the Delfi Group has moved his office to Millbrook, Ontario, and will continue to be a Delfi Associate.

### Patrick Aiken

Patrick Aiken has joined the staff of Integrated Health Centre. Aiken is a Kinesiologist from Deep River, and is the Centre's new Laser Therapist.

### Sherri Jorgensen

Integrated Health Centre is pleased to welcome Sherri Jorgensen as the Centre's new Therapeutic Lifestyle Counsellor. Jorgensen is from Arnprior and a recent graduate of the University of Guelph dietetics program.

### Sarah McGregor-Briscoe

Ms. Briscoe has resigned as the accounting clerk for the Township of Admaston-Bromley. She worked with the township for over two years.

### Sean Patterson

Sean Patterson is the new Public Works Director for the Town of Deep River. Patterson comes to the Town from the Deep River and District Hospital where he was the Manager of Support Services.

### Dr. Donald Park

Dr. Donald Park, a physician with the Deep River and District Hospital has announced his retirement. Dr. Park will close his practice as of October 10.

### Dr. Kathryn Kipp and Dr. Gina Corrigan

The North Renfrew Family Health Team has recruited two new doctors. Dr. Kathryn Kipp is from Orleans and attended the University of Ottawa Medical School. Dr. Gina Corrigan is from Beachburg and attended the University of Ottawa and the University of Western Ontario. Both completed their residency with the Pembroke Family Medicine Teaching Unit. They will start with the Family Health Team in November 2013 and February 2014 respectively.

### David Murphy

David Murphy is the new fire chief for the Township of Greater Madawaska. Murphy was the deputy chief at the fire department in Bonnechere Valley.

### Peter Emon

County of Renfrew Warden, Peter Emon, has declared that he will seek a second term as Warden. Terms for the Warden's position are one-year in length.

### Brandon Visutski

The Township of Whitewater Region has hired Brandon Visutski as their Truck and Equipment Operator for the Cobden Patrol.

### Nathan Recoskie

The Township of Whitewater Region has hired Nathan Recoskie as a seasonal labourer. Recoskie will be with the township until November 2013.

### Colin Howard

Colin Howard has been hired as the new Human Resources Coordinator for Miramichi Lodge.

### Greg Crowder

Greg Crowder has been hired as the new Nurse Practitioner with Bonnechere Manor.

Send your people news to:  
admin@ovbusiness.com

# Business News Around The Valley

### Council In New Location

The Township of Greater Madawaska has officially moved into its new location, the former Calabogie Public School at 19 Parnell Street. The first council meeting in the new building was held August 27. An Open House is scheduled for October.

### Fuel Contract Signed

The Town of Renfrew has a five-year contract with W.O. Stinson and Son for fuel. The contract comes in at a cost of \$94,000, which was \$5,000 less than the offer by Petro.

### Rotary Raises \$14,000

The Renfrew Rotary Club raised \$14,000 at their annual

golf tournament, held at the Renfrew Golf Club in August. The Rotary Club has pledged \$100,000 to the Bonnechere Manor Foundation.

### Peter Doran Event Raises \$8,500

The first Peter Doran Memorial Golf Tournament raised \$8,500 for the Pembroke Regional Hospital's MRI Campaign. The event was organized by myFM and held at the Petawawa Golf Club. Nearly 100 golfers participated in the nine-hole event. Doran was the owner of Pete's Sales and Service in Petawawa and passed away from cancer in 2012.

The official release of

## HealthMatters



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FREE copies of the Ottawa Valley's new health magazine available at our main floor booth.

## Real Estate

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-----

Petawawa Town Centre  
Petawawa

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176 Len Hopkins Drive  
Petawawa

**FOR SALE**

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Renfrew

-----

M&M Meat Shops  
Arnprior

-----

Quizno's Sub  
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-----

68 Queen Street  
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Stonecliffe Resort  
Stonecliffe

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Watertower Apartments  
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250 Pembroke Street West  
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# September 13, 14 & 15, 2013

# S 7th Annual Fall SHOWCASE

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Visit our website for updates

**Friday  
12noon - 9pm**

**Saturday  
10am - 6pm**

**Sunday  
10am - 5pm**

Please Bring Donations for the FOOD BANK to the FALL SHOWCASE

[www.showcaseinpetawawa.ca](http://www.showcaseinpetawawa.ca)

## Mental Health At Work

**By: Shelley TerMarsh**  
**Info@valleyefap.com**

“Out of sight, out of mind” may be your company's initial attitude concerning what your employees choose to consume when they are not at work. However, employee substance abuse may be directly impacting your bottom line.

Hardworking, committed and capable employees can be your company's greatest asset, while lethargic and unreliable employees can be a liability. Abusing drugs and alcohol impacts all aspects of an individual's life. By developing proactive policies to address employee substance abuse, and providing confidential access to Employee Assistance Programs, you are sending a clear message that you promote a productive, healthy and safe work environment.

Identifying the signs of substance abuse at an early stage allows you to be proactive, rather than dealing with damage control. The impact of excessive drug and alcohol can impact the organization with increased absenteeism, impaired work performance, increased depression and anxiety, increased risk of injuries on the job, interpersonal conflicts and an increase in employee theft or fraud. Excessive drug and alcohol abuse impacts an individual's physical and mental health.

In a recent study by the Canadian Centre on Substance Abuse, workplace productivity losses attributed to tobacco, alcohol and illegal drugs exceeded \$24 billion per year.

Here are some signs that an employee may have a substance abuse problem:

### Physical Appearance

1. Sudden weight loss (stimulant drug use)
2. Weight gain, or puffy appearance ( alcohol abuse)
3. Eyes are bloodshot or glassy (marijuana use)
4. Shaking or tremors (alcohol withdrawal)
5. Constantly running nose, frequent sniffing (cocaine use)
6. Pupils are large (stimulant abuse) or pinpoint (opiate abuse)

### Behavior

1. Uncharacteristic personality changes
2. Mood swings or temper outbursts
3. Paranoid behaviours, fidgeting and nervousness
4. Inconsistent energy levels

### Work Performance

1. Frequently late or absent
2. Inconsistent quality of work
3. Increased occurrence of mistakes, or injuries on the job
4. Increased interpersonal conflict
5. Requesting pay advances more frequently

One or two characteristics alone are not necessarily indicative of a drug and alcohol problem, but should be viewed in context of other circumstances. It is in the best interest of your organization, your customers and your staff if a substance abuse problem is identified before it has the chance to cause harm. When people abusing substances start to see that their careers and livelihood are at stake, it can often be a turning point for them, and motivate them to address their problem.

*Shelley is the Administrator of Valley Employee and Family Assistance Program in Renfrew County. More information is available at: [www.valleyefap.com](http://www.valleyefap.com). Her column appears monthly.*

## Bagged Recycling Not Accepted Businesses exempt

As of September 16th, Ottawa Valley Waste Recovery Centre (OVWRC) will not accept recyclables in plastic bags from residences.

OVWRC launched a public awareness campaign in June, and while it had some impact, they still received too many recyclables in plastic bags.

“Over time residents have been setting out more and more recyclables in bags,” says Sue McCrae, OVWRC General Manager. “The Centre does not have sorting equipment to manage recycling in plastic bags. Employees must open each and every bag by hand and it

is becoming unmanageable for staff. Only loose recyclables set out in containers by residents at the curb will be collected.”

### Exemptions

Shredded paper in a plastic bag, as well as bags of plastic bags with nothing in them, continue to be accepted. Businesses will still be allowed to have recyclables in bags and the Centre is confident they can handle the business amount of the bagged recyclables. The exemption for businesses is to encourage them to continue to recycle.

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# Backyard Events

## September 3-8

Featuring the work of Denis Charette and Dinorah Catzalco. [www.artpontiac.com](http://www.artpontiac.com)

## September 3-October 14

Chair Lift Rides. Calabogie Peaks. 11am-3pm. \$5-\$10. [www.calabogie.com](http://www.calabogie.com)

## September 4-8

Renfrew Fair. Livestock shows, beef & dairy, 4-H. [www.renfrewfair.com](http://www.renfrewfair.com)

## September 6-7

2014 Harley Davidson Open House. Pete's Sales & Service. [www.petesalesandservice.ca](http://www.petesalesandservice.ca)

## September 7

Bike Clinic at the Petawawa Bike Park. Ages 7-16. \$30. Call 613-687-5678 to register.

## September 9

Bonnechere Caves Star Party. 7:30pm. [www.bonnecherecaves.com](http://www.bonnecherecaves.com)

## September 9 - 10

Understanding Color in Painting with Gilbert Strudwick. [www.artpontiac.com](http://www.artpontiac.com)

## September 10

Social Evening Paddle 2013. Free rentals. 6:30pm. Reserve. Phone: 613-687-5678

## September 14

Renfrew County Plowing Match in Admaston Bromley. [www.renfrewcountyploowmen.ca](http://www.renfrewcountyploowmen.ca)

## September 14

Hockeytown Canada Parade in Downtown Pembroke. 2pm. [www.pembrokeontario.com](http://www.pembrokeontario.com)

## September 14-15

Textural Acrylic Painting with Jill Alexander. [www.artpontiac.com](http://www.artpontiac.com)

## September 14, 21, 28

A Sense of Country children's craft and painting classes. Phone: 613-432-9925

## September 15

Forest Lea Enduro. 3K, 10K, 28K and 55K. [www.forestleatrails.blogspot.ca](http://www.forestleatrails.blogspot.ca)

## September 15

Military Family Appreciation Day at Hugli's. ½ price! [www.blueberryranch.ca](http://www.blueberryranch.ca)

## September 18

Entitled Book Fair. Pembroke Public Library. 10am. [www.pembroke.library.ca](http://www.pembroke.library.ca)

## September 21

Nostalgia Fair. 9am-3pm. Unique collections on display. [www.champlaintrailmuseum.com](http://www.champlaintrailmuseum.com)

## September 29

8th Annual Giant Pumpkin Boat Races at Hugli's. 1pm. [www.blueberryranch.ca](http://www.blueberryranch.ca)

## October 5-6

Madawaska Valley Studio Tour. 16 studios. 10am-6pm. [www.madawaskastudiotour.com](http://www.madawaskastudiotour.com)

## October 12

Kitchissippi Run. 2.5km, 5km, 10km, half and full marathons. Chalk River. [gearheads.ca](http://gearheads.ca)

## October 18-20

Fit Chicks Retreat at Calabogie Peaks Resort. [www.calabogie.com](http://www.calabogie.com)

## October 18-28

Halloween Season at Hugli's. Check website for details. [www.blueberryranch.ca](http://www.blueberryranch.ca)

## October 19

Cobden Taste of the Valley. Food, entertainment and vendors. Cobden Fairgrounds.

## October 19-20

Haunted Walk. 7pm-11pm. Adults \$10. Children \$5. [www.chutescoulange.qc.ca](http://www.chutescoulange.qc.ca)

## October 20

Spooktacular Kids. No tricks just treats. 1pm-5pm. [www.chutescoulange.qc.ca](http://www.chutescoulange.qc.ca)



## Travel <sup>our</sup> Backyard

# Book Now For The Winter Edition

On September 10 we will start taking advertising placements for the winter edition of Travel Our Backyard.

The guide will come out in November 2013 and cover events before Christmas, all winter long, for Family Day and for March Break activities.

If you are interested in participating in this edition, please contact us at: [admin@ovbusiness.com](mailto:admin@ovbusiness.com)



Visit our Facebook Page for news and weekly updates on local travel with the participating businesses and organizations in Travel Our Backyard.

[www.travelourbackyard.com](http://www.travelourbackyard.com)

*Follow our Facebook Page for these event details!*



Search Travel Our Backyard!

## It's A Fact

### Wireless Phone Subscribers In Canada

**27,012,067**

Total number of cellular phone subscribers.

**3,746,354**

Total number of prepaid cellular phone subscribers.

**21,662,503**

Total number of postpaid cellular phone subscribers.

**7,715,641**

Total number of Bell Wireless Affiliates cellular phone subscribers.

**493,216**

Total number of MTS Mobility cellular phone subscribers.

**9,418,000**

Total number of Rogers cellular phone subscribers.

**607,659**

Total number of SaskTel Mobility cellular phone subscribers.

**7,706,000**

Total number of Telus cellular phone subscribers.

**620,451**

Total number of Wind Mobile cellular phone subscribers.

**451,100**

Total number of Videotron cellular phone subscribers.

**\$50.2 Billion**

The economic value to the Canadian economy generated by the wireless communications industry.

**280,000**

The number of Canadians employed as a result of the wireless industry.

Source: CWTA

# Tender Results

### PWC-2013-28 Replacement of County Structure C049 (Rook Culvert)

1. Bonnechere Excavating (Renfrew) \$ 704,212.00
  2. R.G.T. Clouthier (Pembroke) \$840,013.10
  3. Eastway Contracting (Pembroke) \$896,378.50
  4. Goldie Mohr (Nepean) \$923,957.00
  5. Crains' Construction (Maberly) \$1,104,817.25
  6. Thomas Cavanagh (Ashton) \$ 1,198,505.61
  7. Dalcon Enterprises (Ottawa) \$ 1,277,000.00
- Awarded to Bonnechere Excavating.

### County Road 8 (Cobden Road) Rehabilitation Contract PWC-2013-17 Township of Whitewater Region

1. Smiths Construction (Arnprior) \$680,150.00
  2. Thomas Cavanagh (Ashton) \$704,729.27
  3. Greenwood Paving (Pembroke) \$722,900.00
  4. Walsh Contracting (Barry's Bay) \$741,840.00
  5. B.R. Fulton (Renfrew) \$744,890.00
  6. H&H Construction (Petawawa) \$ 762,391.76
  7. Pavage Inter Cite \$ 1,038,377.00
- Awarded to Smiths.

### PWC-2013-09 County Road 10 Rehabilitation Contract

1. Thomas Cavanagh (Ashton) \$633,687.91

2. Walsh Contracting (Barry's Bay) \$660,909.83
  3. B.R. Fulton (Renfrew) \$717,046.00
  4. Smiths Construction (Arnprior) \$729,532.95
  5. Goldie Mohr (Nepean) \$769,525.40
  6. Eastway Contracting (Pembroke) \$793,937.30
- 13 tenders were requested. Awarded to Cavanagh.

### PWO-2013-12 Supply & Application of Granular Sealant

1. Greenwood Paving (Pembroke) \$42,519.07
  2. Smith's Construction (Arnprior) \$42,988.03
  3. H&H Construction (Petawawa) \$47,149.25
- Awarded to Greenwood.

### PW-23-2013 Renovation of Basement in Municipal Office.

Town of Petawawa. Only one tender was received. Awarded to WINMAR Pembroke in the amount of \$17,325.00.

### PR-16-13 Supply, Delivery and Installation of Cenotaph Monument Stones.

Town of Petawawa. Awarded to Campbell Monuments contingent upon an acceptable review by staff of the price and contents contained within the quotation.

*Tender results continued on Page 9*

## Tenders

Capping Lanark Village Landfill

Road Rehabilitation

Reinstatement of Storm Sewer Outfall

2013 or Newer 7,500 IG Tridem Semi-Trailer

Winter Sand

Generator Transfer Switch

Cleaning of Township Buildings

Upgrade Telecommunications System

Indian River Bridge Rehabilitation

Boundary Road Reconstruction

Engineering Services

Rooftop Solar Photovoltaic System

Engineering Services

Asbestos Management Plan

Lanark County Destination Development Plan

Timber Sale

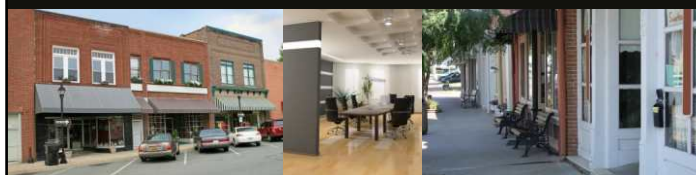
Winter Maintenance

Washroom Facilities (new and upgrade)

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# Renfrew County Housing Tender Results

**Job #1301 Stove Replacement** 5967 Palmer Road, Palmer Rapids. Awarded to: Debsel Inc., in the amount of \$12,159.00.

**Job #1302 Stove Replacement** 75 Stafford Street, Barry's Bay. Awarded to: Debsel Inc., \$20,844.00.

**Job #1303 Stove Replacement** 55 Poplar Street, Deep River. Awarded to: Debsel Inc., \$13,896.00.

**Job #1304 Stove Replacement** 59 Wallace Street, Eganville. Awarded to: Debsel Inc., \$15,054.00.

**Job #1305 Stove Replacement** 19 Smith Street, Beachburg. Awarded to: Debsel Inc., \$6,948.00.

**Job #1306 Stove Replacement** 400 Nelson Street, Pembroke. Awarded to: Debsel Inc., in the amount of \$8,106.00.

**Job #1307 Stove Replacement** 150 Elizabeth Street, Pembroke. Awarded to: Debsel Inc., \$23,160.00.

**Job #1308 Stove Replacement** 425 Nelson Street, Pembroke. Awarded to: Debsel Inc., \$8,685.00.

**Job #1309 Stove Replacement** 510 MacKay Street, Pembroke. Awarded to: Debsel Inc., \$28,950.00.

**Job #1310 Stove Replacement** 1 MacKercher Drive, Cobden. Awarded to: Debsel Inc., in the amount of \$12,159.00.

**Job #1313 Hot Water Tank** 510 MacKay Street, Pembroke. Awarded to: Kool Vent in the amount of \$6,882.00.

**Job #1329 Vacuum** 63 Russell Street, Arnprior. Awarded to: Sani Sol in the amount of \$2,259.00.

**Job #1333 Primus Locks** 260 Elizabeth Street, Pembroke. Awarded to: Drew's Security. \$17,299.00.

**Job #1334 Primus Locks** 8 Burwash Street, Arnprior. Awarded to: Drew's Security in the amount of \$17,808.00.

**Job #1335 Primus Locks** 63 Russell Street, Arnprior. Awarded to: Drew's Security in the amount of \$21,370.00.

**Job #1336 Primus Locks** 229/231 Albert Street, Arnprior. Awarded to: Drew's Security in the amount of \$13,738.00.

**Job #1337 Primus Locks** Airth Boulevard, Renfrew. Awarded to: Drew's Security in the amount of \$14,246.00.

**Job #1339 Roof Shingling** Bronx & Reynolds Avenue, Pembroke. Awarded to: Norlock Siding in the amount of \$46,706.00.

**Job #1340 Garage Door** 41 Vimy Boulevard, Renfrew. Awarded to: Gary's Garage Doors in the amount of \$967.00.

**Job #1341 Entry Doors** Oak Crescent, Renfrew. Awarded to: Valley Window & Door in the amount of \$62,027.00.

**Job #1342 Exterior Painting** 425 Nelson Street, Pembroke. Awarded to: Expressions Painting in the amount of \$4,452.00.

**Job #1345 Exterior Painting** 236 Hall Avenue, Renfrew. Awarded to: Habraken Allen Cliché in the amount of \$3,532.00.

**Job #1346 Foundation Repair** 291 Airth Boulevard, Renfrew. Awarded to: Demers Masonry in the amount of \$3,867.00.

**Job #1350 Cameras** 510 McKay Street, Pembroke. Awarded to: Drew's Security in the amount of \$14,132.00.

**Job #1351 Cameras** 1 MacKercher Drive, Cobden. Awarded to: Drew's Security in the amount of \$6,306.00.

**Job #1353 Furnace Replacements** Airth Boulevard, Renfrew. Awarded to: North Country Heating in the amount of \$36,445.00.

**Job #1354 Fire Alarm Panel Replacement** 8 Burwash Street, Arnprior. Awarded to: Valley Fire Alarms in the amount of \$9,325.00.

**Job #1355 Fire Alarm Panel Replacement** 41 Vimy Boulevard, Renfrew. Awarded to: Valley Fire Alarms in the amount of \$7,183.00.

**Job #1359 Chainsaw** Renfrew Properties. Awarded to: Renfrew Home Hardware in the amount of \$625.00.

**Job #1360 Sewer Machine** 150 Elizabeth Street, Pembroke. Awarded to: Amre Supply in the amount of \$559.00.

**Job #1365 Service Van** Renfrew. Awarded to: Hunt Club Nissan in the amount of \$34,143.00.

**#OTT1303 Primus Locks** 26 Spruce Crescent, Arnprior. Awarded to: Drew's Security in the amount of \$12,618.00.

**Job#DR1301 Kitchen Cabinets** 5967 Palmer Road, Palmer Rapids. Awarded to: Sylvestre Woodworking in the amount of \$23,830.00.



Is addicted to prescription drugs.



Doesn't know how she will pay student loans.



Still grieves the loss of his wife.



Is struggling to fit in with her new job.



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# Planning For Fall

## How to get your “ducks in a row” for the rest of 2013



MARKETING

By: Jennifer Layman  
jenn@fwdthink.net

Labour Day weekend signals a lot of changes for many businesses. It's the lead up to a final quarter push for some, and a time to plan for others. Whatever your focus in the Fall, here are some tips to help you be successful.

### Step 1: Organize

It will take a little bit of time, but organize what's happening. Are you attending tradeshow or events? Do you have an anniversary or other special event? Put it all down on paper. To save yourself sometime, make some notes about deadline and such so you can apply that in a future

step. You may wish to do this as a brainstorming session with staff, and you can use your past year's calendar as a guide for things to get you started.

### Step 2: Plan

Get a calendar and start plotting out what is happening on the specific days. This will let you decide what things you want to do for the year and what you file away for another time. If you have a budget to consider, keep that in mind as well. At this stage, just put everything down and you can eliminate later.

### Step 3: Deadlines

Now plan backwards. Set your deadlines for the calendar. When are commitments due by? When do you want to start promoting something? If you need to order anything, when do you need to order it by? Plot it all out.

### Step 4: Final Decisions

This is where you make the final determinations. Decide what you're going to do and what you're going to leave for another day. You might want to consider budgets, how much time certain things will take to accomplish, staff needs and availability, conflicting events and so on. Create a new calendar with the items you most want to see on it. Take a look and ensure it's do-able and affordable.

### Step 5: Delegate

Now you have a schedule for everything and it's time to decide who is going to be responsible for the different tasks. Make sure you have regular check-ins to ensure everything stays on schedule. It's good for everyone to know what the plan is for the next few months and it can be motivating for all people involved if they know others

involved are meeting their deadlines as well.

Remember to build in a contingency plan in case something goes off schedule. Be conservative with your deadlines and your budget. You may wish to order the items of importance so you can more easily eliminate something if you need to. Often, we make ambitious plans so it is a good idea to have something that can be sacrificed if needed.

Good luck with your Fall planning and enjoy the success that comes from it.

*Jennifer is the president of Forward Thinking Marketing in Petawawa. Her column appears every issue.*

## Ottawa Valley BUSINESS UPCOMING ISSUES

September 9  
Deadline to book space in  
101 Things to Do in the  
Valley: Fall Edition

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September 10  
Start of booking for Travel  
Our Backyard: Winter.  
Deadline: October 10

-----  
September 17  
Regular Edition of Ottawa  
Valley Business  
Deadline: September 11

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October 1  
Regular Edition of Ottawa  
Valley Business  
Deadline: September 25

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October 15  
Regular Edition of Ottawa  
Valley Business  
Deadline: October 9

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