



# 101 Things to Do in the Valley

Fall 2013 Edition

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## Fall Events

### NUMBER 1

#### **Calabogie Peaks Resort**

Choose Calabogie Peaks Resort for your next corporate off-site meeting and holiday party. High quality meeting and lodging rooms, professional staff and country comforts ensure a successful and memorable event. Phone: 800-669-4861 ext.1510 [www.calabogie.com](http://www.calabogie.com)

### NUMBER 2

#### **Pembroke Public Library**

September 18 enTitled Book Fair with book companies, authors and on-site purchases. September 23-28 is CultureFest with local artisans, an Ottawa River Power historical display and the author. October has book sales. October 21-26 is Ontario Public Library week. Phone: 613-732-8844 [www.pembrokelibrary.ca](http://www.pembrokelibrary.ca)

### NUMBER 3

#### **Fall Golf**

Great opportunity to get in some extra holes during the Fall season. The Pembroke Golf Club has a great 18 hole course, excellent tee access, riding carts or walking and a restaurant on site. Pro shop deals as well. Ask about our 2014 memberships. Phone: 613-732-1665 [www.pembrokegolfclub.ca](http://www.pembrokegolfclub.ca)

### NUMBER 4

#### **Hugli's Blueberry Ranch**

Fall family fun grows here! Six acre corn maze, pumpkin cannon shows, pumpkin patch & wagon rides, pig races, tunnel hill slide, pedal carts, friendly animals, educational school tours, birthday parties, giant pumpkin boat races, haunting activities & more. 2139 Greenwood Road in Pembroke. Phone: 613-638-1288. [www.blueberryranch.ca](http://www.blueberryranch.ca)

### NUMBER 5

#### **Pembroke Farmers Market**

The market is still open until mid-October! Drop by on Wednesdays and Saturdays from 8:30am to 1:00pm. Lake Street in Pembroke. Homegrown and handmade items always available. Full details of vendors and more are available on our website. [www.pembrokefarmersmarket.com](http://www.pembrokefarmersmarket.com)

### NUMBER 6

#### **Pinewood Inn**

Very clean, family-run motel in picturesque Barry's Bay overlooking Kamaniskeg Lake. Rooms feature comfy pillow-top beds, fridge/microwave and coffee with backdoor access to spacious backyard with BBQ's. Steps to beach, restaurant and recreational trail to the door. Phone: 613-756-1333. [www.pinewoodinn.ca](http://www.pinewoodinn.ca)

### NUMBER 7

#### **Integrated Health**

Reach your fitness goals with Integrated Health Centre. We offer personal training, a full gym, nutrition store and more. Let us help you with laser therapy, chiropractic care, massage therapy and more. We are your one source for living a healthier life. Contact us today to see what we can do for you and your family. Phone: 613-732-3333 [www.ihcentre.com](http://www.ihcentre.com)

### NUMBER 8

#### **Rural Ramble**

Rural Ramble in the Ottawa Valley. September 1 to October 31. This is a free online event, allowing Ramblers to customize their fall touring experience! Dozens of sites and events to choose from! Phone: 613-735-4364 [www.theruralramble.ca](http://www.theruralramble.ca)

### NUMBER 9

#### **Kaddywonkers Gift Shop**

If you're looking for an original gift or something to spruce up your home, Kaddywonkers is the place! Delightful decor, Country Home candles, rose hips, room sprays, quilts, table linens, curtains and unique country furniture. 1027 Pembroke Street East, Pembroke. Phone: 613-735-5579 [www.kaddywonkers.com](http://www.kaddywonkers.com)

### NUMBER 10

#### **Real Wool Shop Boutique**

Visit us for a unique shopping experience. Housed in a beautiful historic building, we carry specialty wool and sheepskin products, yarns and the latest fashions for men and women. Open 7 days/week. 142 Franktown Road, Carleton Place. Phone: 613-257-2714. [www.wool.ca](http://www.wool.ca)

### NUMBER 11

#### **Travelodge Hotel & Bistro**

Come visit us at Travelodge Hotel Pembroke. We offer banquet facilities for every business need. Gift certificates can be purchased and are a great gift for anyone travelling or can be redeemed at our Bistro 900 Restaurant. 900 Pembroke Street East, Pembroke. Phone: 613-735-6868 [www.travelodge.ca](http://www.travelodge.ca)

### NUMBER 12

#### **PMFRC**

The Petawawa Military Family Resource Centre (PMFRC) is an incorporated, not-for-profit agency with programs designed to enhance the quality of life for military families. Our staff is ready to assist Canadian Forces members and their families. Call us, we can help! Phone: 613-687-7587 [www.familyforce.ca/sites/Petawawa](http://www.familyforce.ca/sites/Petawawa)

**NUMBER 13****Wilno Hills Gallery**

Wilno Hills Gallery and waterfall garden showcase iconic vibrant paintings of Algonquin wilderness, wildlife, valley landscapes, Wild Bling, nature jewellery and more. Commissions welcome. Open by appointment.

Phone: 613-756-0478

www.lindasorensen.com

**NUMBER 14****Open Mind**

A new website with mental health and wellness information for employees and employers. Advice, articles and more.

www.keepanopenmind.ca

**NUMBER 15****Petawawa Golf Club**

Get your 2014 golf membership now and play the rest of 2013 for free. \$745 individual. \$1250 couple. \$650 weekday individual. \$1050 weekday couple. \$195 junior. Petawawa Golf Club. Phone: 613-687-8294

**NUMBER 16****Pembroke & Area Airport**

Train for your pilot's license at the Pembroke & Area Airport. Whether you are starting from scratch, need an upgrade or a refresher, contact us and get your wings!

Phone: 613-687-5300

www.flycyta.ca

**NUMBER 17****Island Brae Golf Club**

Great opportunity to get in some extra holes during the Fall season. The Island Brae has a great 9 hole course, excellent tee access, riding carts or walking and a practice facility. Pro shop deals as well. Phone: 613-732-9022

www.islandbraegolfclub.ca

**NUMBER 18****Ottawa Valley Business**

Free subscriptions to the region's online business magazine. Business news and events, commercial real estate listings, tenders, marketing and mental health columns.

admin@ovbusiness.com

www.ovbusiness.com

**NUMBER 19****Health Matters**

New local health magazine now available! Visit us online for the magazine, where you can obtain a copy and for individual pages. Plenty of local health resources to help you live your best life.

www.ovhealth.ca

**NUMBER 20****Valley EFAP**

Your workplace can benefit from mental health supports with Valley Employee and Family Assistance Program. For just \$60 per employee, employees and their families can access counseling supports. Healthy employees make for good workplaces.

Phone: 613-735-2116

www.valleyefap.com

**NUMBER 21****Student Volunteers Wanted**

Attention Students! Do you need some volunteer hours? Help out with the Killaloe, Hagarty & Richards volunteer recreation and ball hockey games! Volunteer and help your community.

khrrvolunteernetwork@gmail.com

**NUMBER 22****Active Chiropractic**

Time to get in shape over the Fall. Running clinics, Bodysculpt Bootcamp for all levels, yoga and personal training.

Phone: 613-732-9215

www.active-chiropractic.org

**NUMBER 23****Ottawa Valley Jobs**

The Ottawa Valley's most popular job board is www.ovjobs.ca. Jobs available throughout the region, and updated daily. Join us on Facebook for updates. This is where the jobs are.

www.ovjobs.ca

**NUMBER 24****Travel Our Backyard**

The winter edition of the new, free local travel guide will be available in November. Sign up for our Local Traveller database and we will email you when the magazine is out. travel@travellourbackyard.com www.travellourbackyard.com

**NUMBER 25****Bridges to Better Business**

Sign up for a spectacular business event by the end of September and you will be entered into a draw to win a tablet. Tickets are \$45 per person and includes a full business day plus lunch.

Phone: 613-735-8224

www.enterprisereenfrewcounty.com

**NUMBER 26****M&R Feeds**

Visit our locations in Micksburg, Pembroke and Shawville for your rural living and agricultural needs. Over 30 years helping agricultural operations in Eastern Ontario and Western Quebec.

www.mandrfeeds.com

**NUMBER 27****Insurance Quote**

For something you can do any day, get a free second opinion on your current home and auto insurance. You can complete our online form, give us a call or see us at 10 Nelson Street in Pembroke. Johnston & Mackie: insurance as individual as you are.

Phone: 613-735-1062

www.jmackie.com

**NUMBER 28****Shawville Shenanigans**

Playgroup on Friday mornings from 9:30am to 11:30am. New Hope Christian Fellowship at 586 Main Street in Shawville. Children up to five years old and their caregivers. Free drop in group.

Phone: 819-647-2922

Phone: 819-647-2866

**September Events****NUMBER 29****September 12-22**

Festival Hall is thrilled to present its first annual Documentary Film Festival. Come and enjoy the documentary experience with screenings of phenomenal movies you won't soon forget. \$10 per movie or a festival pass for \$50. Students are 1/2 price. 401 Isabella Street, Pembroke. www.festhall.ca

**NUMBER 30****September 13-15**

Come out to Showcase in Petawawa and see hundreds of vendors. Free admission and activities for the whole family. Bring the kids and they can be entertained with Science North and more. Great products and services available all weekend. www.showcaseinpetawawa.ca

**NUMBER 31****September 14**

Renfrew County Plowing Match. 8:30am to 5:00pm. Located off Highway 60 at Northcote Rink Road, Renfrew between Renfrew and Douglas. Competitions, crafts, food vendors, 4H, kids zone, entertainment and more. \$7.50 adults, age 12 & under free.

www.renfrewcountyplowmen.ca

**NUMBER 32****September 14**

Find a treasure at the annual Senior Citizen's Drop-In Centre's Garage & Bake Sale. Victoria Hall in Pembroke. 8am to Noon. Come early for the best selection! Donations of gently used items are graciously accepted.

Phone: 613-735-1226

**NUMBER 33****September 14**

North Algona Wilberforce Fire Department Open House. Golden Lake Station. 11212 Highway 60. Noon to 4pm. Meet your firemen and learn about fire safety. Open to the public. Refreshments served.

**NUMBER 34****September 14**

Rotary Ride for Kids. Register at 8:00am and depart at 9:00am at Rotary Park to Petawawa. Funds to be used for Rotary Park improvements.

Phone: 613-732-8091

Phone: 613-732-2845

**NUMBER 35****September 15**

The Shawville Terry Fox Run takes place Sunday, September 15th, 2pm at Pontiac High School. No minimum pledge required.

Phone: 819-647-2402

Phone: 819-647-5609

**NUMBER 36****September 15**

The Lumber Kings are holding a tail gate party in the parking lot at the Pembroke Memorial Centre prior to the start of the game on opening night. The party is from 5:00pm to 7:00pm. Live music, games for children, a free BBQ and the chance to win great prizes. Come out for season kick-off! [www.pembroke.lumberkings.com](http://www.pembroke.lumberkings.com)

**NUMBER 37****September 15**

Forest Lea Enduro. 3K, 10K, 28K and 55K. [www.forestleatrails.blogspot.ca](http://www.forestleatrails.blogspot.ca)

**NUMBER 38****September 16**

Deadline to nominate businesses for a 2013 Pontiac Chamber Business Achievement Award. Young entrepreneur, self-employed business, farm, tourism and more. Forms online. Phone: 819-647-2312 [www.pontiacchamberofcommerce.ca](http://www.pontiacchamberofcommerce.ca)

**NUMBER 39****September 17**

Beauty and the Brain - Making up your creative mind. Kim Hanewich. Left and right brain focus and how to enhance communication. Marguerite Centre at 700 Mackay Street, Pembroke. \$17 for WIN members. \$20 for non-members. RSVP by Sept. 12. Phone: 613-635-4541 [win\\_group@live.ca](mailto:win_group@live.ca)

**NUMBER 40****September 18**

Tai Chi Open House. Petawawa Civic Centre. 6:30pm. Pre-registration, health information and more. Upper Ottawa Valley Tai Chi Club. Phone: 613-687-4977 [www.upperottawavalleytaichi.ca](http://www.upperottawavalleytaichi.ca)

**NUMBER 41****September 20**

Free Legal Clinic. Get a second opinion on personal injury or medical malpractice case. Special interest in birth trauma, birth asphyxia and brachial plexus cases. Phone: 866-701-5811 [www.girones.ca](http://www.girones.ca)

**NUMBER 42****September 21**

Harvest Lantern Labyrinth Walk. Over 600 luminaries light up the labyrinth path along with the warm glow of lanterns of all shapes and sizes. Join us for music, bonfire and refreshments. Bring your own lantern creation or borrow one from us. 267 Edmund Street in Carleton Place. Phone: 613-257-1014 [dlytle@rogers.com](mailto:dlytle@rogers.com)

**NUMBER 43****September 21**

Community Rummage Sale & Car Show at Bonnechere Manor. Live entertainment, local vendors, bake sale and more. 8am to 1pm. Lunch available from 11am to 1pm. Book your vendor table for \$5. Variety of vendors are encouraged to attend! Phone: 613-432-4873 ext 1254

**NUMBER 44****September 21**

Benny Afelskie Memorial Golf Tournament. Proceeds to Barry's Bay Hospital. Held at Whitetail Golf Club. \$70 per player includes 18 holes of golf, riding cart and dinner. RSVP to Kendra. [Kendra.afelskie@gmail.com](mailto:Kendra.afelskie@gmail.com)

**NUMBER 45****September 21**

Nostalgia Fair. 9am-3pm. Champlain Trail Museum. Unique collections on display for swapping or for sale. Refreshments available. Janet Carlisle on hand to evaluate from Antiques Roadshow from 11am to 3pm. Come out and see what nostalgia is all about! [www.champlaintrailmuseum.ca](http://www.champlaintrailmuseum.ca)

**NUMBER 46****September 21**

St. John's Lutheran Church Annual Chicken Pie Supper. A homemade meal. \$12 for adults. \$6 for children. Children under 5 years old eat free. 4:00pm to 7:pm. Baked goods, pickles and preserves are also for sale. Make sure to enter our raffle. 605 Black Bay Road, Petawawa Phone: 613-687-6187

**NUMBER 47****September 23**

Dancing with Rage Tour. See Canada's favourite comedian, Mary Walsh, as she incorporates all the characters she has played over the years, including the infamous warrior princess, Marg Delahunty. \$48.50. 7:30pm. Festival Hall. 401 Isabella Street, Pembroke. [www.festhall.ca](http://www.festhall.ca)

**NUMBER 48****September 24**

Integrated Health Centre in Pembroke presents a talk on laser therapy and how it can help people with ailments. Laser therapy has incredible results. Patrick Aikens, Integrated Health Laser Therapist presents the talk. Free and open to the public. 6pm to 7pm. Phone: 613-732-3333 [www.ihcentre.com](http://www.ihcentre.com)

**NUMBER 49****September 24**

Lifestyle Guidelines for Vital Aging Seminar. Senior Citizen's Drop-In Centre at Victoria Hall, Pembroke. 1pm. Dr. Klaus Schwanbeck will speak on staying healthy and maintaining physical and mental vitality also featuring a Nordic Pole Walking instructional clinic. Pre-register by September 20. Phone: 613-735-1226

**NUMBER 50****September 24**

Seniors Information and Activity Fair. Westmeath Recreation Centre. Variety of community displays, group workshops, and healthy living activities. Light snacks and refreshments will be served. Be sure to enter our draws for great door prizes! 10am-2pm. Free to attend. Phone: 613-735-5551

**NUMBER 51****September 25**

Deep River Grannies Fall Bake Sale. Held at the Deep River Post Office starting at 10:00am. For information, contact Liz Mitchel. [mitchel@magma.ca](mailto:mitchel@magma.ca) [www.drgrannies.ca](http://www.drgrannies.ca)

**NUMBER 52****September 25**

Gluten Free and Vegan Coconun Cream Pie, No-Bake Carob Oatmeal Drops Cooking Class and Book Signing. Stephanie Bergsma, author of Cooking for Life. 7:00pm to 8:30pm. Rotary Room at the Petawawa Library. Free. Phone: 613-687-2227 [emalins@bellnet.ca](mailto:emalins@bellnet.ca)

**NUMBER 53****September 26-27**

Craft Sale at St. Michael's School in Douglas. 9am to 4pm. In conjunction with the Annual Rural Ramble also the Douglas Lions Club Pancake Breakfast, and outdoor community yard sale. Local crafts, arts, home baking and more. Tables available. Phone: 613-649-2977 Phone: 613-628-2370

**NUMBER 54****September 28**

Algonquin Park Fire Making Workshop. 10am-5pm. Chris Gilmour from Sticks & Stones Wilderness School. Phone: 613-637-2828 ext.236 to register by September 20. \$50 for Friends of Algonquin Park members. \$70 for non-members. [www.algonquinpark.on.ca](http://www.algonquinpark.on.ca)

**NUMBER 55****September 28**

Celebrating Algonquin: A Photography Event. 7pm. Algonquin Visitor Centre. See photographs, bid on silent auction items, win door prizes and more. \$25 admission. Friends of Algonquin Park. [www.algonquinpark.on.ca](http://www.algonquinpark.on.ca)

**NUMBER 56****September 28**

The Festhall Follies: Come to the Cabernet. A fundraiser variety show Vaudville style. Featuring the next country superstar Olivia Charette, Follies Fools cast, Sean Keels, Rick Wharton, Jef Vegas and more. After-party with a DJ and dancing. \$20.00. 7:30pm. Festival Hall. 401 Isabella Street, Pembroke. [www.festhall.ca](http://www.festhall.ca)



**NUMBER 57****September 29**

Back to Church Sunday. St. John's Lutheran Church on Black Bay Road in Petawawa. 10:00am service. Coffee to follow.

605 Black Bay Road, Petawawa  
Phone: 613-687-6187

**NUMBER 58****September 29**

Algonquin Park Wildlife Tracking Workshop. 10am-5pm. Chris Gilmour from Sticks & Stones Wilderness School. Phone: 613-637-2828 ext.236 to register by September 20. \$50 for Friends of Algonquin Park members. \$70 for non-members.

www.algonquinpark.on.ca

**NUMBER 59****September 29**

Festival Hall in Pembroke is proud to present the Canadian Comedy Awards - Funniest Person in the Valley Semi-Finals. Join us for some laughs. \$15.00. 7:00pm. 401 Isabella Street, Pembroke. www.festhall.ca

**NUMBER 60****September 30**

Register today for Bridges to Better Business and you will be entered in a draw to win a tablet. Cost is \$45 per person which includes lunch and taxes. Hear the awesome entrepreneurs from OMG that appeared in Dragon's Den and hear their success story! Plus, local entrepreneurs present.

Phone: 613-735-8224  
www.enterpriserenfreewcounty.com

**October Events****NUMBER 61****October 4**

Fusion of the Senses. An evening to allow your senses to experience a collaboration of music, art, entertainment and food from around the world. Wine and beer pairings carefully selected to complement each course. Petawawa Civic Centre. \$60 per person. 6:30pm.

Phone: 613-255-1703  
www.eventsbyrea.com

**NUMBER 62****October 5**

Jessica Sernoskie Run/Walk in support of the Killaloe & District Public Library. Cyclists also welcome to participate this year. Cash awards for top participants in each category and door prizes. Register now and support the library in this event.

Phone: 613-757-2211  
www.killaloelibrary.ca

**NUMBER 63****October 5**

Deep River Taste of the Valley. Deep River Municipal Hall and grounds. 10am to 3pm.

www.deepriver.ca

**NUMBER 64****October 5**

Renfrew County Outdoor Woodlot Conference in Pembroke. The theme of this year's conference will be "everything maple." The event will be held at the Mapleside Sugarbush, owned by Ray & Carol Anne Bonenberg. 166 Reiche Road in Pembroke.

**NUMBER 65****October 5-6**

Mark your calendars for the 22nd Annual Madawaska Valley Studio Tour. Held the weekend before Thanksgiving. 10:00am to 6:00pm. View an amazing variety of original art and fine crafts. Sixteen studios with 29 artists and artisans participating. Maps and locations available on our website.

info@madawaskastudiotour.com  
www.madawaskastudiotour.com

**NUMBER 66****October 5-6**

The Festival of the Senses is fast approaching. Come enjoy the Calabogie area while enjoying a little something at each spot. Calabogie Lodge's "Sense of Family" will be a mini carnival. Join us for face painting, carnival games, cotton candy and more. Calabogie Lodge Resort. 10am to 4pm.

info@calabogielodge.com  
www.calabogielodge.com

**NUMBER 67****October 5-6**

6th Annual Festival of the Senses. Indulge your senses at 28 sites in the Calabogie, Burnstown, Matawatchan and Griffith areas. Visit studios, view demonstrations, enjoy special cuisine, discover new spiritual experiences, music, crafts, family fun, antiques, local produce, etc.

www.festivalofthesenses.ca

**NUMBER 68****October 6-12**

National Fire Prevention Week. Layman Fire & Safety reminds you to have your fire extinguishers and smoke detectors in working order. More tips and information online at www.nfpa.org. Think of fire before it starts.

Phone: 613-732-5320  
www.laymanfireandsafety.com

**NUMBER 69****October 12**

Kitchissippi Run. Full marathon, half marathon, 10K, 5K and 2K. Start location is Chalk River Lions Hall. Race kit pick-up is Friday from 5:00pm to 8:00pm and Saturday from 7:00am to 10:00am.

www.facebook.com/KitchissippiRun

**NUMBER 70****October 12**

Dr. Kim Armstrong Turkey Trot. 10K run starts at 9:30am and 5K walk/run starts at 10:00am. Riverside Park in Pembroke. Funds go towards the PRH Foundation & the Kim Armstrong Bursary Fund. Register before September 30 to win prizes.

Phone: 613-732-2811 ext.6223  
www.drkimarmstrongturkeytrot.com

**NUMBER 71****October 12**

Annual Fall Buy, Sell and Trade Day of birds and small animals. Held at M&R Feeds, Pembroke. 8:30am-12:30pm. Pembroke location only (across from Home Depot). Everyone is welcome. Animal handling units available for sale or bring your own.

Phone: 613-732-2843  
pembroke@mandrfeeds.com

**NUMBER 72****October 12**

Eco Expo Pontiac. 10am to 4pm. Coronation Hall in Bristol, Quebec. Promoting eco-friendly products, services and lifestyles.

Phone: 819-647-5476

Facebook eco-expo-pontiac

**NUMBER 73****October 13**

Horton Recreation Fourth Annual Harvest Supper. 4:00pm to 7:00pm. Horton Community Centre. \$15 adults. \$7 children. Children under 6 are free.

**NUMBER 74****October 15**

Living a Healthy Life with Chronic Conditions. 1:30pm to 4:00pm. Miramichi Lodge Boardroom in Pembroke. Get the most out of life by taking control of your chronic conditions. Learn new tools and how to manage pain.

Phone: 877-240-3941

**NUMBER 75****October 16-18**

Employment Symposium with Denise Bissonnette, writer, trainer and speaker. The Art of Creating Opportunity, Beyond Traditional Job Development and Retention & Beyond:

How to shine as a new employee. \$169.50 for one session, \$282.50 for two sessions and \$339.00 for three sessions.

Phone: 613-628-1135  
maggie@tyerman.com

**NUMBER 76****October 17**

Renfrew & Area Chamber of Commerce Awards Gala. \$40 per person. 6pm. RCAF Wing at 164 Argyle Street in Renfrew. Tickets at Chamber office until October 11.

Phone: 613-432-7015

**NUMBER 77****October 18**

Citizen Science: Fall Lake Trout Spawning Survey on Lake Opeongo. Harkness Labs in Algonquin Park. Limit of four participants per day.

Phone: 613-637-2828 ext.236 to register.  
www.algonquinpark.on.ca

**NUMBER 78****October 19**

The Pembroke Regional Hospital Foundation 8th Annual Black & White Gala. Normandy Officer's Mess. 6pm. Tickets \$175. Phone: 613-732-2811 ext.7408 foundation@pemreghos.org

**NUMBER 79****October 19**

Chanting in a cave with Barclay McMillan at Bonnechere Caves. Phone: 613-628-2283 cavvemanChris@bonnecherecaves.com

**NUMBER 80****October 19**

The Canadian Haunting & Paranormal Society & The Champlain Trail Museum present: A Paranormal Evening! Information session & public investigation of this historic property. 8:00pm to midnight. Cost \$20/person. dave@chapsparanormal.ca www.chapsparanormal.ca

**NUMBER 81****October 19**

Join us for an Acoustic Night of Triumph with Rik Emmett. A night filled with Triumph classics and well-known covers. Rik personally answers questions, talks shop, and shares life stories. \$35.00. 8:00pm. Festival Hall. 401 Isabella Street, Pembroke. www.festhall.ca

**NUMBER 82****October 19**

Cobden's Taste of the Valley at the Cobden Fairgrounds. 8am-3pm. The largest Taste of the Valley event every year. Over 100 food and artisan vendors for the perfect celebration of local food and products. www.whitewaterregion.ca

**NUMBER 83****October 19-20**

Haunted Walk at Chutes Coulonge. \$10 for adults. \$5 for children. 7pm-11pm. www.chutescoulonge.qc.ca

**NUMBER 84****October 20**

Spooktacular Kids. No tricks, just treats. 1pm-5pm. Chutes Coulonge. www.chutescoulonge.qc.ca

**NUMBER 85****October 23**

Free small business week event in Killaloe, Hagarty & Richards. Held at Round Lake Community Centre. Mental health in the workplace and a new entrepreneur boot camp program. Open to the public. Refreshments available. www.khrtownship.ca

**NUMBER 86****October 23**

University Information Day at General Panet School in Petawawa. More info from your school's guidance department. 21 schools on site.

**NUMBER 87****October 24**

Township of Killaloe, Hagarty & Richards celebrates Local Government Week. Tour of the municipal building. Meet the council and staff. Public and students welcome. 10am-1pm. 1 John Street, Killaloe www.khrtownship.ca

**NUMBER 88****October 25**

Bridges to Better Business. Celebrate the 25th anniversary of Enterprise Renfrew County. Entrepreneurs from OMG (Dragon's Den) and more. Lunch included. Tickets are \$45 per person. Reserve today. Phone: 613-735-8224 www.enterpriserenfrewcounty.com

**NUMBER 89****October 26**

Lake Dore Walk. 9am. Trip starts from the Wilberforce Township Park. Expect late fall waterfowl and a good birding time. Pembroke & Area Field Naturalists. Phone: 613-732-7703 mfleuguel@bell.net

**NUMBER 90****October 26**

Dig out your fishnet stockings and sharpen your stilettos. Festival Hall in Pembroke presents Rocky Horror Live and Uncut. A wild and wacky night to get you in the mood for Halloween. \$20.00 in advance or \$25.00 at the door. 7:00pm. 401 Isabella Street, Pembroke. www.festhall.ca

**NUMBER 91****October 26**

Hocus Pocus at the Killaloe Recreation Centre. Dress up and join us for a Halloween adventure. Costume competition at 6pm sharp. Fun activities, music and goodies. Free event! 6pm to 8pm. www.khrtownship.ca

**NUMBER 92****October 26-27**

Canadian Dryland Dog Racing Championship. Admission is free. No pets. 36 Ragged Chute Road, Bristol, Quebec. Phone: 819-647-3185 www.timberlandtours.ca

**November Events****NUMBER 93****November 7-8**

It's Time To Talk Conference. Marguerite Centre, 700 Mackay Street, Pembroke. Variety of topics including: victimization, media effectiveness, aboriginal people, legal issues. \$50 if registered prior to October 1. Phone: 613-732-7776 wssshs@wsssbmh.org

**NUMBER 94****November 7-14**

The Arnprior and District Museum fifth Annual Vintage Quilt Exhibit. Close to 100 quilts and coverlets from across Ontario and Quebec. 10am-3pm. 35 Madawaska Street. Students/Seniors \$1.50. Adults \$3.00. Children free.

**NUMBER 95****November 20**

Deep River Craft Fair. 11am to 4pm. \$2 admission. New vendors are welcome. Phone: 613-584-3242 nde555@bell.net

**NUMBER 96****November 20**

Care in the Later Stages - Alzheimer Society Learning Series. Free. 9am-3pm. For family members caring for a person with dementia. Miramichi Lodge, 725 Pembroke Street West. Pre-registration required. Phone: 888-411-2067

**NUMBER 97****November 23**

One of the Valley's most anticipated events of the year! The Bootlegger's Bash, Columbus House's annual Wine, Beer & Food Tasting Gala is being held at the Germania Club in Pembroke from 6pm-9pm. Tickets on sale October 1st.

Phone: 613-732-8977 www.columbushouse.ca

**NUMBER 98****November 25**

Adapting to Climate Change. A presentation by Emily Conger from the Algonquin to Adirondack Collaborative. Killaloe Friendship Club on Lake Street in Killaloe. Free presentation from the Bonnechere River Watershed Project in partnership with the Killaloe Public Library. www.a2alink.org

**NUMBER 99****November 30**

City of Pembroke's Annual Santa Claus Parade of Lights. Theme is "Christmas at the North Pole." More details to follow closer to the date. Phone: 613-735-6821 www.pembrokeontario.com

**More Events****NUMBER 100****December 31**

Town of Petawawa New Year's Family Event. 6pm to 9pm. Free event. Public skating, centre ice magic show, face-painting, balloon twisting and petting zoo and more. Civic Centre. Family dance. Phone: 613-687-5678 www.petawawa.ca

**NUMBER 101****January 10-19, 2014**

Town of Petawawa Cabin Fever. Snow drag races, trivia night, Fire Department Chili Cook-off, TZ Girls Just Want To Have Fun Event, Boyzz Will Be Boyzz, firefighters sledding party and more. Phone: 613-687-5678 www.cabinfeverpetawawa.ca